



Miles for Wellness Challenge 10



“State Capitals: Hiking Through History”

This 2014 fall challenge took state employees on a virtual tour of the first 13 state capitals in order of statehood. Participants had the opportunity to compete against state employees from across North Carolina, without ever leaving the comfort of their own neighborhood!

State employees recorded 809,674,543 steps, or 404,837 cumulative miles. For final standings on the 201 participating teams, go to MilesforWellness.nc.gov





Winning Teams



Super Hare Division (57 teams)

1st Place: Generally Assembled - NC General Assembly

2nd Place: Footloose – Dept of Hlth & Human Services

3rd Place: Fiscally Challenged - NC General Assembly

Hare Division (61 teams)

1st Place: The Colgate Crew – NC Dept of Public Safety

2nd Place: Bull City Bullets – NC Dept of Public Safety

3rd Place: Steppin' Up – UNC Chapel Hill

Tortoise Division (83 teams)

1st Place: Cabarrus Dunlap Crew – NC Dept of Transportation

2nd Place: Haz Trackers – NC Dept of Environment & Natural Resources

3rd Place: Walking With the STARS – UNC Greensboro

